

YOGA CLASSES

Monday 10:45 am L.A. Fitness, Buckhead/Lenox

Tuesday 8pm L.A. Fitness, Peachtree Corners/Norcross

Wednesday 9:45 am L.A. Fitness, Northlake/Tucker

Thursday 8pm L.A. Fitness, Ansley Mall

Friday 8:30 am L.A. Fitness, Northlake/Tucker

Saturday 9:45 am L.A. Fitness, Northlake/Tucker

SOUND TREATMENTS

Atlantis Natural Foods in Dunwoody, on the first Saturday of the month from 2:00pm until 4:00pm. For directions go to

www.atlantisnaturalfoods.com

Harmony Learning Center in Decatur, on the first Wednesday of the month from 7:30pm until 9:00pm. For directions go to

www.harmonylearningcenter.org

Decatur Healing Arts, on the third Sunday of the month from 3:00pm until 5pm. For directions go to

www.decaturrealingarts.com

Meditating Mantis Bookstore and Giftshop in Roswell, on the third, fourth and fifth Saturday of the month from 2:00pm until 5:00pm. For directions go to www.meditatingmantis.com

CREATING HEALTH WORKSHOP

Atlantis Natural Foods in Dunwoody, next class TBA

DIVINE OM TRIO

Check out our Facebook page for event schedule